

Mark Eggerman
Email: mark.eggerman@yale.edu

Professional Expertise

Program evaluation research with war-affected refugees in humanitarian crises

Studies of global mental health, forced migration, Islamic societies, international media, social change and policy

Fieldwork in Afghanistan, Egypt, Ethiopia, the Gambia, Israel, Jordan, Mexico, Morocco, Nepal, Pakistan, Saudi Arabia, Sri Lanka, Tanzania, Yemen

Fluency in spoken and written Arabic, English & French; professional translation experience

Academic Qualifications

1986: M.Phil. Modern Middle Eastern Studies, Oxford University

1979: B.A. English & American Literature, Stanford University

Current Academic and Research Appointments

2013-present: Research Scientist in Global Health & Area Studies, MacMillan Center for International & Area Studies, Yale University

2013-present: Associate Editor, Medical Anthropology, *Social Science & Medicine*, MacMillan Center for International & Area Studies, Yale University

2015-present: Associate Head, Morse College, Yale University

1998-present: Research Consultant: clients included The Family Room LLC, the BBC World Service Trust, the Afghanistan Research & Evaluation Unit (Kabul), and Intermedia Research (Washington, DC).

Recent Research Grants & Fieldwork

2018: Co-Investigator, Refugees & Forced Displacement on the Mexico-US Border

Project: *Faith-based organizations and migrants on the US-Mexico border*. Fieldwork conducted as part of the British Council's *Bridging Voices* project (2017-2020) to improve the understanding of the relationship between religion and the promotion of social justice for refugees.

<http://campuspress.yale.edu/sfr/projects/refugees-and-forced-displacement-on-the-us-mexico-border/>

2015-2017: Co-Principal Investigator, Research for Health in Humanitarian Crises

Project: *Measuring the health and wellbeing impacts of a scalable program of psychosocial intervention for refugee youth* (Jordan). Funding support: Save The Children & Department for International Development (DFID), UK. <http://www.beta-elrha.org/project/yale-psychosocial-call2/> (Research for Health in Humanitarian Settings R2HC, co-PI, \$463,356, 4/22/2015 to 9/8/2017). Collaboration involving Mercy Corps and scholars from Queen Margaret University (UK), University of Western Ontario (Canada), Hashemite University (Jordan), Harvard and Yale universities.

Professional Memberships

American Anthropological Association (AAA)
Society for Medical Anthropology (SMA)
Music and Sound Interest Group (MSIG)
Early Childhood Peace Consortium (ECPC)

Student Advising

2015-present: Yale College Advisor: 4-6 undergraduate students per year

2015-present: Faculty Advisor: Crescent Underground Recording Studio, Morse College

Previous Academic & Research Appointments

2010-2013: Research Fellow, MacMillan Center for International & Area Studies, Yale University

Developed protocols for community-based mental health research in Afghanistan, Ghana and the Philippines; analysed datasets on mental health; conducted literature reviews on child and adolescent mental health, and father-centered parenting interventions in collaboration with the Yale Child Study Center; peer-reviewed articles in the *Journal of the American Academy of Child & Adolescent Psychiatry* and the *International Journal of Drug Policy*.

2008-2013: Managing Editor, Medical Anthropology, Social Science & Medicine, international appointment held at Durham University, UK (2008-10) & Yale University, USA (2010-13)

Screening and editing of +500 articles/year in the field of health social sciences; sourcing a large, international, multi-disciplinary reviewer base; training and on-going supervision of six manuscript screeners; evaluation of manuscripts and reviews; handling of Special Issues in global health and social sciences.

2004-2010: Research Associate, Department of Anthropology, Durham University, UK

Completed a 4-year study of mental health among Afghan children and adolescents living in Pakistan and Afghanistan, funded by the Wellcome Trust; peer-reviewed articles in *The Lancet*, the *American Journal of Human Biology*, and *Social Science & Medicine*; member of the Medical Anthropology Research Group and the Anthropology in Development Research Group.

2008- 2010: Fellow, Wolfson Research Institute, Durham University, UK

Contributed to a collaborative research agenda in Social Sciences and Health, for the flagship Wolfson Research Institute at Durham University; global consultation defining priorities for mental health and psychosocial wellbeing in humanitarian settings, in collaboration with WHO and HealthNetTPO; British Council-sponsored initiative for internationalization and collaborative research, Sri Lanka.

1997: Consultant, Commonwealth Broadcasting Association, UK

Provided broadcasting research seminars to national broadcasting management in Mauritius, Swaziland, and Lesotho; topics covered included basic qualitative and quantitative audience research methods, and how research results are used to inform broadcasting policies.

1995: Fieldwork Management Consultant, SAVOLA, Saudi Arabia

Six-month contract in Jeddah to develop a market research fieldwork unit for a major food manufacturer; managed product testing and placement studies on a variety of manufactured food products; conducted a nationwide retail audit of edible oil brands.

1990-96: Research Project Manager, International Broadcasting Audience Research Department (IBAR), BBC World Service, London

Managed nationwide media usage, attitudes surveys, and qualitative research projects in 20 countries; annual research budget of £60-100K for the Middle East & North Africa; fieldwork experience in Morocco, Egypt, Jordan, Yemen, Saudi Arabia, Ethiopia, Eritrea, the Gambia, Senegal, Israel, and the West Bank; solicited and evaluated research bids from contractors & evaluated performance on-site; analysed data, presented findings to BBC World Service clients and market research organisations.

1989: Translator, Saudi Computer-Aided Translation Agency, Saudi Arabia

One-year contract in Riyadh to create specialised English-Arabic dictionaries for a Saudi translation software development company; Arabic-English translations of commercial and legal documents.

1987-88: Research Analyst, Department of Biological Anthropology, Oxford University, UK

Studies of heart-rate variation among elderly women.

1987: Fieldworker, Centre National de la Recherche Scientifique, France

Studies of village and household-level assessment of seasonal food shortages in Western Nepal; identification and evaluation of local strategies to maintain livelihoods and nutrition.

Publications

- 2018 Panter-Brick C, **Eggerman** M. The field of Medical Anthropology. *Social Science & Medicine* 196: 233-239. <https://doi.org/10.1016/j.socscimed.2017.10.033>
- 2018 Panter-Brick C, Hadfield K, Dajani R, **Eggerman** M, Ager A, Ungar M. Resilience in context: A brief and culturally-grounded measure in Syrian refugees and Jordanian host-community adolescents. *Child Development* 89(5):1803-1820. <https://doi.org/10.1111/cdev.12868>
- 2018 Panter-Brick C, Dajani R, **Eggerman** M, Hermosilla S, Sancilio A, Ager A. Insecurity, distress, and mental health: Experimental and randomized controlled trials of a psychosocial intervention for youth affected by the Syrian crisis. *The Journal of Child Psychiatry and Psychology* 59(5): 523-541. <https://doi.org/10.1111/jcpp.12832>
- 2017 Panter-Brick C and **Eggerman** M. Anthropology and Global Mental Health: Depth, Breadth, and Relevance. In R. White and S. Jain (eds.). *The Palgrave Handbook of Global Mental Health: Sociocultural Perspectives*. Palgrave Macmillan, London: Macmillan Publishers, pp.383-401.
- 2016 Sancilio A, **Eggerman** M, Panter-Brick C. Biocultural research in global mental health: Blood pressure, mental health, and idioms of distress in an Afghan population survey. *American Journal of Human Biology*. <https://doi.org/10.1002/ajhb.22899>

- 2015 Panter-Brick C, Grimon M-P, Kalin M, **Eggerman M**. Trauma memories, mental health, and resilience: A prospective study of Afghan youth. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, 56 (7), pp. 814-825. <http://onlinelibrary.wiley.com/doi/10.1111/jcpp.12350/full>
- 2014 Rasmussen A, Ventevogel P, Sancilio A, **Eggerman M**, and Panter-Brick C. Comparing the validity of the self-reporting questionnaire and the Afghan symptom checklist: Dysphoria, aggression, and gender in transcultural assessment of mental health. *British Journal of Psychiatry* 14(206). <http://www.biomedcentral.com/1471-244X/14/206/>
- 2104 Panter-Brick C, Burgess A, **Eggerman M**, McAllister F, Pruett K, Leckman J. Engaging Fathers: Recommendations for a game change in parenting interventions based on a systematic review of the global evidence base. *Journal of Child Psychology and Psychiatry* 55(11) 1187–1212. <http://onlinelibrary.wiley.com/doi/10.1111/jcpp.12280/full>
- 2014 **Eggerman M** and Panter-Brick C. Life Feeds on Hope. In Jennifer Heath and Ashraf Zahedi (Eds.) *Children of Afghanistan*, University of Texas Press.
- 2014 Panter-Brick C, **Eggerman M**, and Tomlinson M. How Might Global Health Master Deadly Sins and Strive for Greater Virtues? *Global Health Action* 7: 23411 - <http://dx.doi.org/10.3402/gha.v7.23411>
- 2014 Riva M, Panter-Brick C, and **Eggerman M**. Sustainable Development and Health: From Global to Local Agenda. In P Sillitoe (Ed.) *Sustainable Development in the Gulf Region*. Berghahn Books, pp.391-415.
- 2013 Panter-Brick C, Grimon M, and **Eggerman M**. Caregiver-child mental health: A prospective study in conflict and refugee settings. *Journal of Child Psychology and Psychiatry* 55(4) 313–327. <http://onlinelibrary.wiley.com/doi/10.1111/jcpp.12167/full>
- 2012 Todd CS, MacDonald DS, Khoshnood K, Mansoor GF, **Eggerman M**, Panter-Brick, C. Opiate use, treatment, and harm reduction in Afghanistan: Recent changes and future directions. *International Journal of Drug Policy* 23: 341-345.
- 2012 Panter-Brick C and **Eggerman M**. Understanding Culture, Resilience, and Mental Health: The Production of Hope. In M Ungar (ed.) *The Social Ecology of Resilience: A Handbook of Theory and Practice*. New York: Springer, pp.369-86
- 2011 Panter-Brick C, Goodman A, Tol W, **Eggerman M**. Mental Health and Childhood Adversities: A Longitudinal Study in Kabul, Afghanistan. *Journal of the American Academy of Child & Adolescent Psychiatry* 50(4):349-363. <http://www.sciencedirect.com/science/article/pii/S0890856710009354>
- 2010 **Eggerman M** and Panter-Brick C. Fieldwork as research process and community engagement: Experiences from the Gambia and Afghanistan. In J. MacClancy and A. Fuentes (Eds.) *Centralizing Fieldwork*. Berghahn Press, pp.137-155.
- 2010 **Eggerman M** and Panter-Brick C. Suffering, hope, and entrapment: Resilience and cultural values in Afghanistan. *Social Science & Medicine* 71:71-83. <http://www.sciencedirect.com/science/article/pii/S0277953610002662>
- 2009 Panter-Brick C, **Eggerman M**, Gonzalez V, and Safdar S. Violence, Suffering and Mental Health in Afghanistan: A School-Based Survey. *The Lancet* 374:807-16. <http://www.sciencedirect.com/science/article/pii/S0140673609610801>

- 2008 Panter-Brick C, **Eggerman** M, Mojadidi A, McDade T. Social stressors, mental health, and physiological stress in an urban elite of young Afghans in Kabul. *American Journal of Human Biology* 20(6):627-641.
- 2005 Panter-Brick C, Wardak AW, **Eggerman** M and Crowther R. Bio-psychological markers of mental health: research with refugee, street, and non-displaced Afghan youth in the wake of war. *American Journal of Human Biology* 17(2):266.
- 2005 **Eggerman**, M. Questions for Afghanistan: The Impact of Cultural, Social, and Educational Factors on Research. In O. Zollner (Ed.) *Targeting International Audiences: Current and Future Approaches to International Broadcasting Research*. Bonn: CIBAR.
- 2003 **Eggerman**, M. Afghanistan: A View from the Ground. In O. Zollner (Ed.) *Beyond Borders: Research for International Broadcasting*. Bonn: CIBAR.
- 2002 **Eggerman**, M. Representing Afghanistan. In *Afghan Media Reconstruction in Focus*, BBC World Service Trust; on-line publication available at www.bbc.co.uk/worldservice/trust/docs.
- 1997 Panter-Brick C and **Eggerman** M. Household Responses to Food Shortages in Western Nepal. *Human Organisation* 56(2):190-98.
- 1993 Mytton G and **Eggerman** M. International radio as a source of news. In G. Mytton (Ed.) *Global Audiences: Research for Worldwide Broadcasting*. London: John Libbey.
- 1992 Panter-Brick C, Miller DG, **Eggerman** M. Haemoglobin levels and step test performance of men and women in Nepal. *American Journal of Human Biology* 4:481-91.
- 1989 Reynolds V, Marriott F, Shawkat F, **Eggerman** M, Nikolaou V. Heart-rate variation, age, and behaviour in elderly women. *American Journal of Human Biology* 16(3):265-73.

Conference presentations (select examples)

- “Tension, Faith and Solidarity on the Border.” Lombard L, **Eggerman** M, and Panter-Brick C. Colloquium on Social Justice, Solidarity, and Forced Migration. Program on Refugees, Forced Migration, and Humanitarian Responses, MacMillan Center of International & Area Studies, Yale University (March 2019)
- “Refugees, stress, and mental health trajectories.” Panter-Brick C, **Eggerman** M, Hadfield K, Dajani R, Ager A. 23rd World Congress for the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Prague, Czech Republic (July 2018).
- “Pathways of recovery in adolescents affected by the Syrian crisis: What predicts trajectories of mental health and chronic stress?” Hadfield K, Dajani R, Ager A, **Eggerman** M, Ungar M, van Uum S, Greff M & Panter-Brick C. 25th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), Gold Coast, Australia (2018).
- “Adversity, resilience, and mental health trajectories in Syrian refugee and Jordanian host-community youth.” Hadfield K, **Eggerman** M, Dajani R, Panter-Brick C and Ungar M. Pathways to Resilience IV conference in Cape Town, South Africa (June 2017).

- “Lessons learnt from an impact evaluation conducted with conflict-affected adolescents: Lollipops, manicures and ownership.” Hadfield K, Panter-Brick C, **Eggerman** M. Bi-annual World Conference on Humanitarian Studies: (Re-)Shaping Boundaries in Crisis and Crisis Response, International Humanitarian Studies Association IHSA, Le Hague, the Netherlands (August 2018).
- “Can stress biomarkers demonstrate the effectiveness of a humanitarian intervention? An evaluation with Syrian refugee youth.” Sancilio A, Dajani D, **Eggerman** M, Van Uum S, Wiley K, Panter-Brick C. 41st Annual Meeting of the Human Biology Association, Atlanta, Georgia (April 2016). <https://www.humbio.org/>
- “Do stress biomarkers track poverty, stress, and trauma? Evaluating war-affected youth.” Sancilio A, Dajani R, **Eggerman** M, Van Uum S, Ager A, Tesfaye B, Eick G, Wiley K, Panter-Brick C. Society for the Study of Human Biology: Human Biology of Poverty Symposium (September 2015). <http://sshb2015symposium.com>
- “Setting a Mental Health Agenda in Humanitarian Settings: Why Resilience Matters.” Paper co-authored for the annual meeting of the Society for Cultural Anthropology, Providence, RI, USA (May, 2012).
- “War, Resilience, and Culture in Afghanistan.” Paper co-authored for the session on ‘Culture and Resilience in Terrorism and War,’ 3rd World Congress of Cultural Psychiatry, London, UK (March 2012).
- “Hope and Suffering: Expressions of Resilience in Afghanistan.” Paper co-authored at the Society for Medical Anthropology, Yale University, USA (September 2009).
- Ethics and Health Research in Conflict Settings.” Paper co-presented at a Conference on “Ethics in the field: Contemporary challenges,” Oxford Brooks University, Oxford, UK (April 2009).
- “Mental Health in Afghanistan.” Paper co-presented at MERLIN Headquarters, London, UK (February 2008).
- “Adolescent Mental Health in Afghanistan.” Paper co-presented at the London School of Hygiene and Tropical Medicine, London, UK (January 2008).
- “Health, Risk and Adversity.” Paper co-presented at a Presidential session of the American Anthropological Association, entitled ‘The Application of Anthropology: Addressing Social and Health Inequalities in an Increasingly Complex World.’ Washington, DC (November 2007).
- “Fieldwork as research process and community engagement.” Paper co-presented at a Conference on ‘Interdisciplinary Fieldwork,’ Oxford Brookes University, Oxford, UK (April 2007).
- “Questions for Afghanistan? The Impact of Cultural, Social, and Educational Factors on Research.” Keynote presentation at the Conference of International Broadcasting Audience Research (CIBAR), London, UK (November 2004).
- “Afghanistan: a view from the ground.” Conference of International Broadcasting Audience Research (CIBAR), Moscow, Russia (November 2003).

Outreach Activities

Display of research drawings from Afghanistan for the Wellcome Trust “War and Medicine” exhibition, the Wellcome Trust, London, UK (November 2008-February 2009) and the Deutsches Hygiene Museum in Dresden, Germany (April-August 2009); the exhibit was viewed by 35,000 visitors during its 12-week run in London.

Academic Awards

Overseas Research Scholarship, Oxford University, 1985
Mansell, Gibb & Wright Scholarship, Oxford University, 1984
Phi Beta Kappa, Stanford University, 1978
Cornell University Award, 1973

Language Skills

Fluency in spoken and written Arabic & French; professional translation experience

Data Processing Skills

Extensive experience of coding and analysing data from large-scale quantitative social science surveys using SPSS; extensive use of on-line search engines including SCOPUS, MEDLINE, Science Direct, and Google Scholar, as well as commonly-used word-processing, database and spreadsheet programs.

References

Professor Alastair Ager | AAger@qmu.ac.uk
Director of the Institute of Global Health & Development (IGHD)
Queen Margaret University, Edinburgh
Deputy Chief Scientific Advisor
Department of International Development (DfID), UK

Dr. Brian Barber | bbarber1@utk.edu
International Security Program Fellow
New America
Founding Director of the Center of Youth and Political Conflict
University of Tennessee, USA

Professor James Leckman | james.leckman@yale.edu
Neison Harris Professor in the Child Studies Center
Professor of Psychiatry, Psychology and Pediatrics
Yale University, USA

Professor Carolyn Sargent | carolynsargent@wustl.edu
Professor of Sociocultural Anthropology and of Women, Gender, and Sexuality Studies
Washington University St. Louis, USA

Professor Mark Tomlinson | markt@sun.ac.za
Department of Psychology
Co-Director, Institute of Life Course Health Research
Stellenbosch University, South Africa